

30 / 30 RULE

If the time between the FLASH of

LIGHTNING

and the SOUND of

THUNDER

BANG!

is LESS THAN

30

SECONDS

TAKE SHELTER

for

30

MINUTES

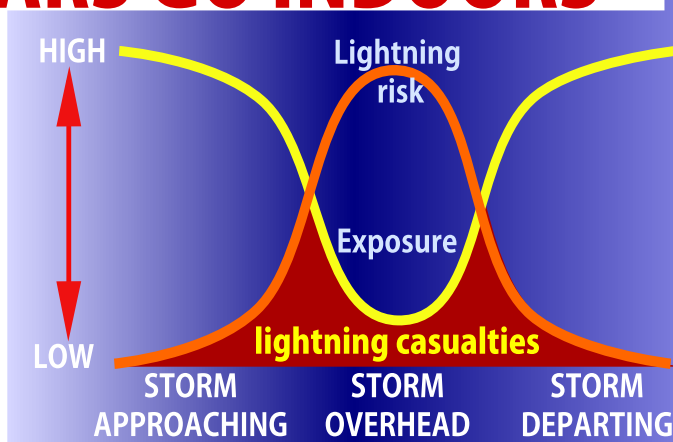
after the last thunder is heard

DECREASE YOUR EXPOSURE WHEN THUNDER ROARS GO INDOORS

The threat of being struck by lightning increases as a thunderstorm approaches, reaches a peak when the storm is overhead, and then gradually diminishes as the storm moves away.

Even when people seek cover they may not do it soon enough. Don't wait until the storm is overhead and it starts to rain to get to a safe place - this is far too long.

Many go outside too soon when the rain lets up or stops instead of applying the 30/30 rule.



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